



For immediate distribution

GOODFOOD TO REPORT FOURTH QUARTER AND FISCAL YEAR 2019 RESULTS

Montreal (Quebec), November 7, 2019

Goodfood Market Corp. (“Goodfood” or “the Company”) (TSX: FOOD), a leading online grocery Company in Canada, will release its financial results for the fourth quarter and year end of Fiscal 2019 on Thursday, November 14, 2019, before markets open. Jonathan Ferrari, CEO, Neil Cuggy, President & COO, and Philippe Adam, CFO, will hold a conference call to review the results at 8:00 a.m. (ET) on the same day.

Details of the Conference Call:

When: November 14, 2019 at 8:00 a.m. ET
Dial in number: 877-223-4471 or 647-788-4922

Conference call replay available until November 21, 2019:
1-800-585-8367 or 416-621-4642

To access the webcast and view the slide presentation, click on this link:
<https://www.makegoodfood.ca/en/investisseurs/evenements>

The conference ID is 8299731.

About Goodfood

Goodfood (TSX:FOOD) is a leading online grocery company in Canada, delivering fresh meal solutions and grocery items that make it easy for members from coast to coast to enjoy delicious meals at home every week. Goodfood’s mission is to make the impossible come true, from farm to kitchen, by enabling members to do their weekly meal planning and grocery shopping in less than 1 minute. Goodfood members get access to a unique selection of products online as well as exclusive pricing made possible by its world-class direct to consumer fulfilment ecosystem that cuts out food waste and expensive retail overhead. The Company has its main production facility and administrative offices in Montreal, Quebec, a second production facility in Calgary, Alberta and a third production facility in Montreal, Quebec. Goodfood had 200,000 active subscribers as of August 31, 2019. www.makegoodfood.ca

For further information:

Investors

Philippe Adam
Chief Financial Officer
(855) 515-5191
IR@makegoodfood.ca

Roslane Auameur
Head of Investor Relations
(855) 515-5191
IR@makegoodfood.ca

Media

Pierre Boucher
President
(514) 731-0000
pierre@maisonbrison.com

Jennifer McCaughey
Vice-President, Investor Relations
(514) 731-0000
jennifer@maisonbrison.com