



For Immediate Distribution

Goodfood Donates Meals to 300 Frontline Healthcare Workers at Toronto's Michael Garron Hospital

Montreal (Quebec), June 2, 2020

Goodfood Market Corp. ("Goodfood" or "the Company") (TSX:FOOD), a leading online grocery company in Canada, announced today its donation of hundreds of fresh, ready-to-eat salads to frontline healthcare workers and staff at Toronto's Michael Garron Hospital (MGH), a division of Toronto East Health Network.

On Tuesday, May 26th, Goodfood supplied individually portioned, fresh-prepared salads from our line of ready-to-eat meal solutions to 300 healthcare workers and staff working in the COVID-19 Clinic, Emergency, ICU, Oncology and other departments at the MGH. Ready in only a few minutes, these nutritious and satisfying meals help sustain these hardworking healthcare professionals during their shifts.



"As they say at Michael Garron Hospital, a healthy community is a strong community. At Goodfood, we want to do what we can to support frontline healthcare professionals and staff working so hard to keep Canadians healthy," said Jonathan Ferrari, Chief Executive

Officer of the Company. “To the frontline workers at MGH and across the country, thank you for everything you’re doing for our communities.”

“Michael Garron Hospital is the heart of East Toronto,” says Mitze Mourinho, President, Michael Garron Hospital Foundation. “Our teams have been on the frontline of COVID-19 helping to keep our community safe, and so it means a lot to them to have the support of companies like Goodfood who are keeping them healthy and fueled to do their best work.”

A teaching hospital serving one of Canada’s most diverse communities, the Michael Garron Hospital is dedicated to providing safe, compassionate, top-quality care for east-end Toronto residents and beyond. You can learn more about their commitment and their response to the COVID-19 crisis at tehn.ca.

About Goodfood

Goodfood (TSX:FOOD) is a leading online grocery company in Canada, delivering fresh meal solutions and grocery items that make it easy for members from coast to coast to enjoy delicious meals at home every week. Goodfood’s mission is to make the impossible come true, from farm to kitchen, by enabling members to do their weekly meal planning and grocery shopping in less than 1 minute. Goodfood members get access to a unique selection of products online as well as exclusive pricing made possible by its world class direct to consumer fulfilment ecosystem that cuts out food waste and expensive retail overhead. The Company has a production facility and administrative offices in Montreal, two production facilities in the Greater Toronto Area (GTA), two production facilities out West, in Calgary and Vancouver, and a breakfast facility in Montreal. Goodfood had 246,000 active subscribers as at February 29, 2020. www.makegoodfood.ca

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FORWARD-LOOKING INFORMATION

This release contains “forward-looking information” within the meaning of applicable Canadian securities legislation. Such forward-looking information includes, but is not limited to, information with respect to our objectives and the strategies to achieve these objectives, as well as information with respect to our beliefs, plans, expectations, anticipations, estimates and intentions. This forward-looking information is identified by the use of terms and phrases such as “may”, “would”, “should”, “could”, “expect”, “intend”, “estimate”, “anticipate”, “plan”, “foresee”, “believe”, or “continue”, the negative of these terms and similar terminology, including references to assumptions, although not all forward-looking information contains these terms and phrases. Forward-looking information is provided for the purposes of assisting the reader in understanding the Company and its business, operations, prospects and risks at a point in time in the context of historical and possible future developments and therefore the reader is cautioned that such information may not be appropriate for other purposes. Forward-looking information is based upon a number of assumptions and is subject to a number of risks and uncertainties, many of which are beyond our control, which could cause actual results to differ materially from those that are disclosed in or implied by such forward-looking information. These risks and uncertainties include, but are not limited to, the following risk factors which are discussed in greater detail under “Risk Factors” in the Company’s Annual Information Form for the year ended August 31, 2019 available on SEDAR at www.sedar.com: limited operating history, negative operating cash flow, food industry, quality control and health concerns, regulatory compliance, regulation of the industry, public safety issues, product recalls, damage to Goodfood’s reputation, transportation disruptions, product liability, ownership and protection of intellectual property, evolving industry, unionization activities, reliance on management, factors which may prevent realization of growth targets, competition, availability and quality of raw materials, limited number of products, environmental and employee health and safety regulations, online security breaches and disruption, reliance on data centres, open source license compliance, future capital requirements, operating risk and insurance coverage, management of growth, conflicts of interest, litigation, and catastrophic events. Although the forward-looking information contained herein is based upon what we believe are reasonable assumptions, readers are cautioned against placing undue reliance on this information since actual results may vary from the forward-looking information. Certain assumptions were made in preparing the forward-looking information concerning availability of capital resources, business performance, market conditions, and customer demand. In addition, information and expectations set forth herein are subject to and could change materially in relation to developments regarding the COVID-19 pandemic and its impact on product demand, labour mobility, supply chain continuity and other elements beyond our control. Consequently, all of the forward looking information contained herein is qualified by the foregoing cautionary statements, and there can be no guarantee that the results or developments that we anticipate will be realized or, even if substantially realized, that they will have the expected consequences or effects on our business, financial condition or results of operation. Unless otherwise noted or the context otherwise indicates, the forward-looking information contained herein is provided as of the date hereof, and we do not undertake to update or amend such forward-looking information whether as a result of new information, future events or otherwise, except as may be required by applicable law.