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GOODFOOD TO REPORT FIRST QUARTER FISCAL YEAR 2020 RESULTS AND HOLD ANNUAL GENERAL MEETING

Montreal (Quebec), December 12, 2019

Goodfood Market Corp. ("Goodfood" or "the Company") (TSX: FOOD), a leading online grocery Company in Canada, will release its financial results for the first quarter of Fiscal 2020 on Wednesday, January 8, 2020, before markets open. Jonathan Ferrari, CEO, Neil Cuggy, President and COO, and Philippe Adam, CFO, will hold a conference call to review the results at 8:00 a.m. (ET) on the same day. In addition, Goodfood's Annual General Meeting of Shareholders will also be held January 8, 2020 at 10:00 a.m. (ET).

Details of the Conference Call:

When: January 8, 2020 at 8:00 a.m. ET
Dial in number: 877-223-4471 or 647-788-4922

Conference call replay available until January 15, 2020:
1-800-585-8367 or 416-621-4642

To access the webcast and view the slide presentation, click on this link:
<https://www.makegoodfood.ca/en/investisseurs/evenements>

The conference ID is 9475358.

Annual General Meeting:

When: January 8, 2020 at 10:00 a.m. ET
Location: Offices of Fasken Martineau DuMoulin LLP, 800 Victoria Square, Suite 3700, Montréal, Québec, H4Z 1E9

You can access the slide presentation on Goodfood's website:
<https://www.makegoodfood.ca/en/investisseurs/evenements>

About Goodfood

Goodfood (TSX:FOOD) is a leading online grocery company in Canada, delivering fresh meal solutions and grocery items that make it easy for members from coast to coast to enjoy delicious meals at home every week. Goodfood's mission is to make the impossible come true, from farm to kitchen, by enabling members to do their weekly meal planning and grocery shopping in less than 1 minute. Goodfood members get access to a unique selection of products online as well as exclusive pricing made possible by its world class direct to consumer fulfilment eco-system that cuts out food waste and expensive retail overhead. The Company has its main production facility and administrative offices based in Montreal, Quebec, a second production facility in Calgary, Alberta, a breakfast facility in Montreal, Quebec and is currently building out its new production facility in Vancouver. Goodfood had 230,000 active subscribers as at November 30, 2019.
www.makegoodfood.ca

For further information:

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